

St. Vincent de Paul Parish School Cafeteria Menu for August-September 2020

Monday, August 24	Tuesday, August 25	Wednesday, August 26	Thursday, August 27	Friday, August 28
*Each lunch will provide at least one serving of vegetables and one serving of fruit. Due to varying availability of produce, the menu for each day may not specify a particular fruit or vegetable for the day. This will change as availability increases with our vendors.	Chicken Nuggets Baked French Fries Fresh Vegetables Fresh fruit Milk or Bottled Water	“Walking Tacos” Tortilla chips, Taco seasoned Beef, Cheese and Lettuce Side of Tomato Salsa Corn Fresh Fruit Milk or Bottled Water	Macaroni and Cheese Green Beans Fresh Fruit Milk or Bottled Water	PIZZA DAY! Cheese Pizza Fresh Vegetables and Fruit Milk or Bottled Water
Monday, August 31	Tuesday, September 1	Wednesday, September 2	Thursday, September 3	Friday, September 4
Hot Dog Waffle Fries Fresh Fruit Fresh Vegetable Milk or Bottled Water	Burrito with Taco-seasoned Beef, Cheese, Corn, Lettuce and Salsa Fresh Fruit Milk or Bottled Water	Orange Chicken White Rice Roasted Broccoli Fresh Fruit Milk or Bottled Water	Chef's Salad Lettuce, tomato, cucumber, carrots, cheese, ham and croutons side of Italian Dressing Fresh Fruit Milk or Bottled Water	PIZZA DAY! Pepperoni Pizza Fresh Vegetables and Fruit Milk or Bottled Water
Monday, September 7	Tuesday, September 8	Wednesday, September 9	Thursday, September 10	Friday, September 11
NO SCHOOL Labor Day	Chicken Tenders Baked French Fries Fresh Vegetables Fresh fruit Milk or Bottled Water	Baked Rotini in Tomato Sauce Home-made Meatballs Salad with Italian Dressing Fresh Fruit Milk or Bottled Water	Grilled Ham and Cheese Sandwich Potato Chips Fresh Fruit Fresh Vegetable Milk or Bottled Water	PIZZA DAY! Cheese Pizza Fresh Vegetables and Fruit Milk or Bottled Water
Monday, September 14	Tuesday, September 15	Wednesday, September 16	Thursday, September 17	Friday, September 18
Cheeseburger French Fries Fresh Fruit Fresh Vegetables Milk or Bottled Water	Chicken Popper Bowl (chicken over mashed potatoes with gravy, corn and cheese) Fresh Fruit Milk or Bottled Water	Macaroni and Cheese Green Beans Fresh Fruit Milk or Bottled Water	Hot Dog Potato Wedges Fresh Fruit Fresh Vegetables Milk or Bottled Water	PIZZA DAY! Pepperoni Pizza Fresh Fruit Fresh Vegetables Milk or Bottled Water
Monday, September 21	Tuesday, September 22	Wednesday, September 23	Thursday, September 24	Friday, September 25
Chicken Sandwich with Lettuce French Fries Fresh Fruit Fresh Vegetables Milk or Bottled Water	“Walking Tacos” Tortilla chips, Taco seasoned Beef, Cheese and Lettuce Side of Tomato Salsa Corn Fresh Fruit Milk or Bottled Water	Pancakes Breakfast Sausage and Scrambled Eggs Fresh Fruit Milk or Bottled Water	Orange Chicken White Rice Roasted Broccoli Fresh Fruit Milk or Bottled Water	PIZZA DAY! Mini Calzones Fresh Fruit Fresh Vegetables Milk or Bottled Water
Monday, September 28	Tuesday, September 29	Wednesday, September 30	<p>Skim white or 1% Chocolate Milk or a small bottle of water is served with every hot lunch tray. Please indicate your student's preference when ordering lunch.</p> <p>For students who pack their lunch: Skim white or chocolate milk or bottled water is available for purchase at \$.60 a day. Please order this on the first day of the school week.</p>	
Chicken Tenders Baked French Fries Fresh Vegetables Fresh fruit Milk or Bottled Water	Chef's Salad Lettuce, tomato, cucumber, carrots, cheese, ham and croutons side of Italian Dressing Fresh Fruit Milk or Bottled Water	Meatball Sandwich (meatballs, sauce and mozzarella on an Italian Roll) Green Beans Fresh Fruit Milk or Bottled Water		